

# Ruth King Elementary

2764 Jacklin Road, Victoria,

Website: [ruthking.sd62.bc.ca](http://ruthking.sd62.bc.ca) Ph:250-478-8368

Hello Families,

We hope you all had a lovely long weekend again. This week will be a full five days. The PAC is sponsoring a Halloween Dance this coming Thursday evening from 5:30 to 7:30pm, so if you would like to volunteer please get in touch with the PAC at [ruthkingpac@gmail.com](mailto:ruthkingpac@gmail.com) or use the QR code from the poster.



Artwork from some of our talented students. Well done everyone!



**Important:**

Please fill out the online consents (including media consent for photos so that I can include your child in our newsletters. Click here: <https://consent.sd62.bc.ca/apps/OnlineConsent>



## Upcoming Events

**October 26**

**Halloween Dance – PAC sponsored**

**October 27**

**Twin Day – find a partner to dress alike with**

**October 31**

**Halloween – Orange & Black Day or Costumes**

**October 31**

**Board Meeting**

FLOURISH! MENU - OCTOBER 2023				
Oct 2-6	Monday	Tuesday	Wednesday	Thursday
	2	3	4	5
<b>Breakfast</b>	STAT	Oat Powerball + Yogurt Cups	Date/Apple Breakfast Bar + Fruit	Parfait - granola, yogurt, stewed fruit
<b>Snack</b>				
<b>Lunch - Elementary</b>		Beef Bolognaise + Caesar Salad	Cheese, Bean & Veg Quesadilla + 'Greek' Salad	Roasted Chicken Breast & Pasta + Roasted Potatoes + Carrots + Pasta Salad
<b>Lunch - Secondary</b>		Buttered Pasta + Bolognaise Sauce + Caesar Salad	Cheese Quesadilla + Cherry Tomatoes, Cucumbers & Peppers	Roasted Chicken Breast + Roasted Potatoes + Carrots + Pasta Salad
Oct 9-13	Monday	Tuesday	Wednesday	Thursday
	9	10	11	12
<b>Breakfast</b>	STAT	Granola Bar + Yogurt Cup	Blueberry Scones + Fruit	Banana Bread
<b>Snack</b>				
<b>Lunch - Elementary</b>		Perogies & Sausage + Green Salad/Ranch	Roasted Chicken Drum & Rice + 'Greek Salad'	Cauliflower Mac & Cheese + Raw Veg & Hummus
<b>Lunch - Secondary</b>		Perogies & Sausage + Green Salad/Ranch	Roasted Chicken Drum & Rice + Raw Vegetable	Mac & Cheese + Raw Veg & Hummus
Oct 16 - 20	Monday	Tuesday	Wednesday	Thursday
	16	17	18	19
<b>Breakfast</b>	Oat Powerball + Yogurt Cups	Oatmeal Cookies + Fruit	Banana Bread	Corn Bread Muffin + Fruit
<b>Snack</b>				
<b>Lunch - Elementary</b>	Beef Bolognaise + Raw Veg & Dip	Minestrone Soup & Crackers + Caesar Salad	Weiners + Roasted Potatoes + 'Greek Salad'	Teraki Chicken, Vegetables & Rice + Green Salad/Ranch
<b>Lunch - Secondary</b>	Buttered Pasta + Bolognaise Sauce + Raw Veg & Dip	Minestrone Soup & Crackers + Caesar Salad	Weiners + Roasted Potatoes + Raw Veg	Teraki Chicken, Vegetables & Rice + Green Salad/Ranch
Oct 23 - 27	Monday	Tuesday	Wednesday	Thursday
	23	24	25	26
<b>Breakfast</b>	Granola Bar + Yogurt Cups	Pumpkin Spice Cookie + Fruit	Banana Bread	Parfait (granola, yogurt, stewed fruit)
<b>Snack</b>				

## Looking toward the Future...

### November

- 8 Indigenous Remembrance Day
- 9 School Photo Retake Day
- 10 Remembrance Day Assembly 10:45am
- 10 White Spot Lunch - PAC
- 13 Remembrance Day(observed) – No School
- 14 PAC Meeting – 6:30pm (virtual)
- 15 Fire Drill @ 1:30pm
- 17 – 23 Scholastic Book Fair in the Library
- 17 Crazy Hair/Hat Day
- 18 Ruth King Craft Fair (Saturday)
- 20 Morning Meeting 8:45am (gym)
- 23 Early Dismissal @ 11:23am – Informal reporting
- 24 Pro D - Non-Instructional Day – No School
- 28 Board Meeting - 7:00pm

### December

- 1 White Spot Lunch - PAC
- 5 Lock Down Drill @ 11:00am
- 4 Morning Meeting 8:45am (gym)
- 15 First Term Reports will be sent out
- 15 Pizza Day -PAC
- 18 Morning Meeting 8:45am (gym)
- 22 Santa's Pancake Breakfast – Whole School
- 22 Holiday Wear/Sweaters/Dress up (last day before Winter break)
- 23<sup>rd</sup> -Jan 7<sup>th</sup> Winter Vacation Break

#### **Christmas Hamper Time**

*RK will be working with some local donors in the coming months. Please let us know if your family will need support. We will be trying to support families who we have not supported in the last couple of years, as the need is high and the number of donors is limited.*

Kung Jaadee a Haida Storyteller came to Ruth King Elementary this past week to share her stories with all of us. Thank you to ArtStarts and the PAC for making these performances available to all of us through your financial donations. We all appreciate it so much.



#### **Reminders:**

-please do not park in the staff parking spaces on Matson Road.

-please plan to have someone at the school to pick up your child at 2:23pm. The staff are usually busy with meetings or planning for the following day once they dismiss their class. Much appreciated!

-attendance at school is important, please try to arrive just before the first bell at 8:25am. When students miss even the first 15 minutes, it impacts their day and impedes their learning.

-send your child to school with indoor shoes and appropriate outer wear for the rainy weather. We have some winter coats in the foyer.

Thank you



**Ms. Pinel's Class is working hard! Coding with Mr. Dranchuk and some Halloween art projects.**



## **Halloween Message from SD62**

For many of our students, Halloween can be a fun and exciting time. To keep our celebrations fun for all, we ask families to ensure that their children's costume follows District guidelines (if they are wearing it to school on Tuesday, October 31). Please refer to communications from your child's school for any school-specific information.

The District does not have an official policy regarding Halloween costumes, instead we ask that everyone be respectful and mindful of others by following the guidelines below.



1. Students must be identifiable and visible to ensure safety.
2. Masks are not permitted. Face makeup is permitted provided the student is still identifiable.
3. Scary clowns are not permitted.
4. Costumes that depict violence, alcohol or drugs are not appropriate.
5. Fake weapons are not permitted.
6. Costumes that are provocative, sexual in nature or employ questionable props are not permitted.
7. Costumes should not hinder a student's ability to travel through the school and outdoor space safely.

Please remember that costumes, even with good intent, may make others feel scared, upset, insulted or humiliated. Below are two guiding questions that may help determine appropriateness of costumes for school.

1. Does the costume depict or perpetuate a stereotype or stigma associated with a particular race, culture, religion or gender?
2. Would the costume be considered offensive to a particular race, culture, religion or gender?

Let's create a safe and enjoyable environment for all.